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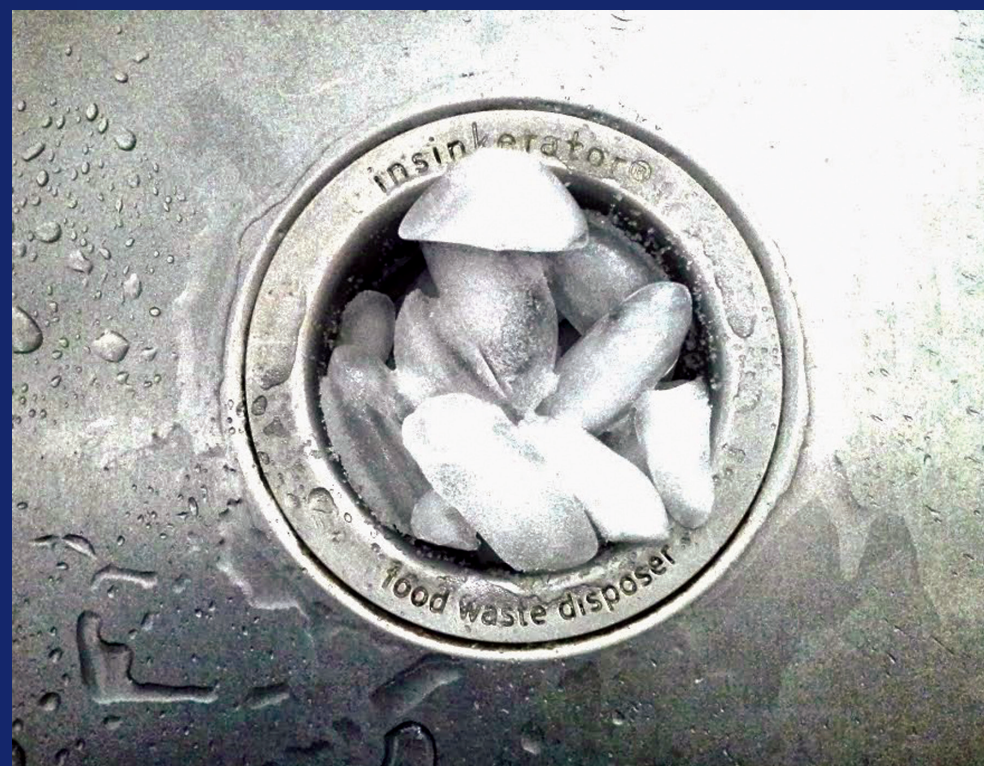
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GARBAGE DISPOSAL DON'TS

Garbage disposals are expensive, so taking care of them is important. Do you know what not to put down your disposal? The following items should be thrown into the trash or a compost bin – never placed in the disposal:



Grease and Oil will go down the drain, but harden soon after, which clogs the pipes at your house and the pipes in the City's system. This results in an expensive mess for you and us.

Bones and Fruit Pits - Blades cannot grind bones or fruit pits finely enough to go down the drain. They can get stuck in the blades and cause damage to the disposal, or they will get stuck in the drain, which will result in clogged pipes.

Fibrous foods (celery, asparagus, oranges, corn husks, etc.) should never go down the disposal because the stringy fibers can wrap around the blades and damage the disposal.

Coffee Grounds are deceptive. They go down the drain easily but they can create a sludge, which can create a blockage in your plumbing system.

A good way to clean your disposal is by throwing ice down your drain. It will knock off any excess food and help to sharpen your blades for the next disposal-safe item you put down the drain.

APRIL 2020

Discover a Healthy Life KANNAPOLIS MATTERS

LOOP THE LOOP JOINS THE WALK CABARRUS INITIATIVE

Walk Cabarrus is a community-wide walking campaign focused on creating healthier lifestyles for the residents of Cabarrus County. The goal for Walk Cabarrus is for those who live and work in Cabarrus County to walk one billion steps in 2020. Loop the Loop is part of Walk Cabarrus, and individuals who participate in Loop the Loop are already participating in Walk Cabarrus – including dogs.



Loop the Loop participants who log their miles at kannapolisnc.gov/looptheloop will automatically have their miles converted to steps and be uploaded into the Walk Cabarrus database.

If you do not already participate in Loop the Loop, it is a fun way to track the distance of your walk or run in downtown Kannapolis, or in your neighborhood, while earning prizes. Signage and sidewalk markers aid you as you complete the loops around the City.

The goal for Loop the Loop is for you to complete 150 miles by the end of 2020. At the end of each quarter, you are eligible to earn prizes.

Loop the Loop and Walk Cabarrus are free and open to everyone. Log your miles at kannapolisnc.gov/looptheloop. For more about Walk Cabarrus, visit walkcabarrus.com.

COVID-19 COMMUNITY UPDATE

As we deal with the effects of COVID-19 on our community, please get the most up-to-date information by visiting kannapolisnc.gov; Facebook, Instagram, LinkedIn, Next Door and Twitter. We update these sites daily.

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Kay Winn

TRACY WINECOFF NAMED FIRE CHIEF

With the retirement of Kannapolis Interim Fire Chief Rick Barnhardt, Tracy Winecoff has been named Fire Chief. He assumed his new duties on April 1.

Tracy has been a member of the Kannapolis Fire Department since 1999. Since then, he has been promoted from Engineer, to Captain, to Battalion Chief and Division Chief. He holds State Fire and EMS certifications from Rowan Cabarrus Community College and a Paramedic certification from Davidson Community College. He is currently enrolled in the Bachelor of Arts in homeland security program at Columbia Southern University and is a Pre-Hospital & Fire Education instructor with Rowan Cabarrus Community College.

During his career he has received several honors, including the Rowan EMS Rookie of the Year, Rowan County Rescue Squad Paramedic of the Year, United Way Achievement Award, Kannapolis Fire Department Officer of the Year and Locke Fire Department Officer of the Year.

A native of Rowan County, he and his wife, Nikki, have a son, Brayden.



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All City services are being maintained 24/7. Garbage, recycling, police and fire protection, customer service, water and sewer systems are working on regular schedules. We encourage you to check our city hall operating hours at kannapolisnc.gov, as it is in flux during this time. City staff may be reached by phone or email using this staff directory: www.kannapolisnc.gov/Contact-Us.



All City special events are cancelled for the month of April. We are reassessing our events, programs and athletics schedule and will announce when it is clear how we can move forward.

We are working closely with public health, State and Federal officials, community partners and businesses as we all struggle to find our new normal. We appreciate all you are doing to help us keep our City safe and healthy.

SERVE ON A CITY BOARD OR COMMISSION

Do you have an interest in serving on a City Advisory Board or Commission?

The City of Kannapolis is seeking members to serve on the Planning and Zoning Commission, the Parks and Recreation Commission and the Community Improvement Commission.

In order to serve you must complete an application and be appointed to the board or commission by the Kannapolis City Council. Most of these boards and commissions participate in the City's policy decisions by making recommendations to the City Council.

You can make a difference by sharing your time and talents and become an integral part of our community's success.

Board terms are staggered three-year terms and generally end June 30 of each year; however, applications are accepted on a continual basis and kept on file for consideration in the event a vacancy occurs.

Applicants must be 18 years old and a resident of the City of Kannapolis, with the exception of the Extra Territorial Jurisdiction (ETJ) seats on the Planning Board and Zoning Board of Adjustment.

Meetings are typically held once a month, in the evening, but each commission varies. Those interested in finding out more about each commission or who want to apply can fill out an application (kannapolisnc.gov). For more information, contact the City Clerk at bbell@kannapolisnc.gov or 704-920-4303.



APRIL IS FAIR HOUSING MONTH

The North Carolina Fair Housing Act makes it illegal to discriminate in housing because of race, color, religion, sex, national origin, physical or mental handicaps, or family status (families with children).

For more information regarding your fair housing rights, visit the Community Development page at kannapolisnc.gov.



UTILITY BILL PAYMENT OPTIONS

kannapolisnc.gov/utilitybilling



PHONE

Pay your bill over the phone by calling 704-920-4400 Available 24/7



ONLINE

Pay your bill online at www.cokbillpay.com, or schedule monthly bank drafts.



DRIVE- UP DROPBOX

Place your cash/check in the dropbox in the parking lot of City Hall, 401 Laureate Way. Available 24/7



MAIL

Mail your payment to the Customer Service Department at 401 Laureate Way.

